



Welcome  
to the  
**World** of

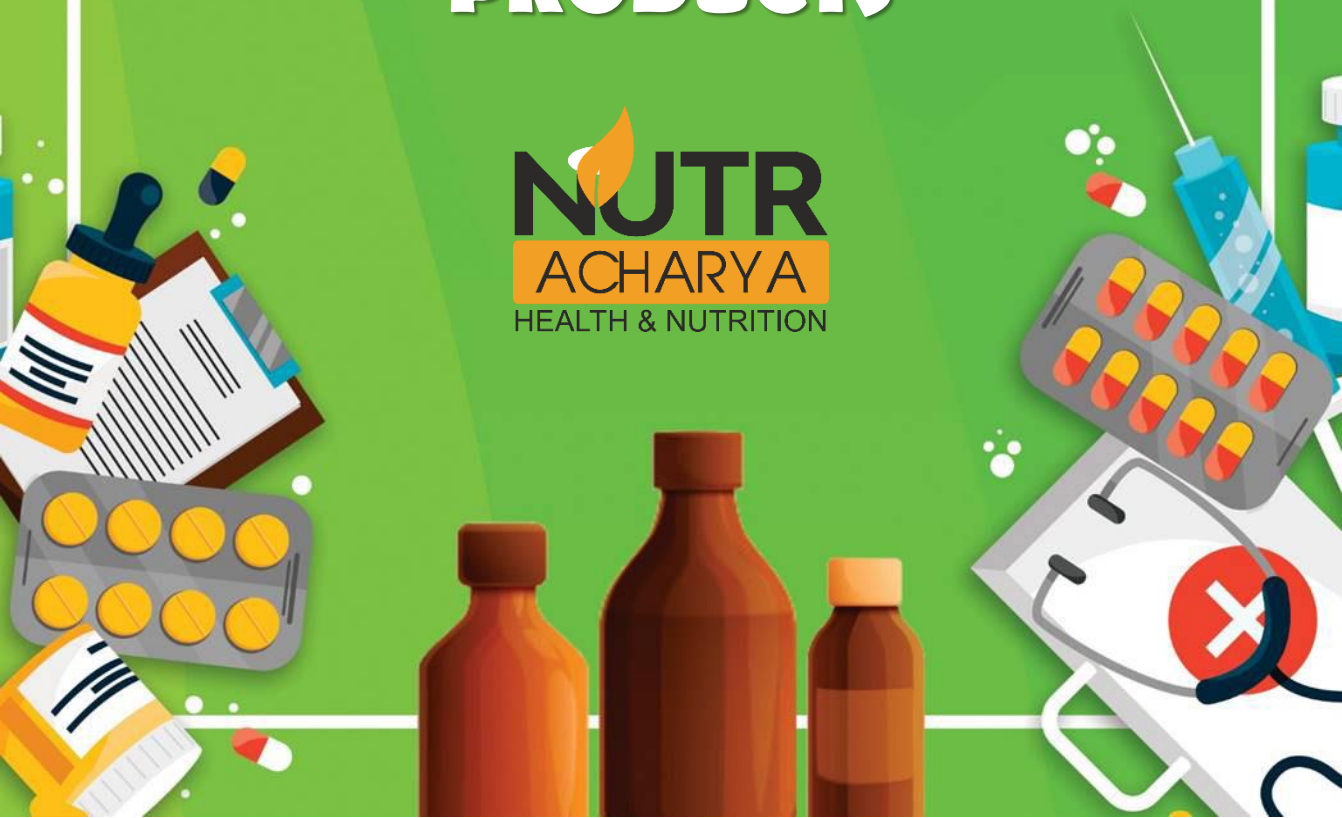
## **HEALTH & WELLNESS**

Ayurvedic formulations based upon  
Nano & Phyto technology

**KRS MULTIPRO**  
PRIVATE LIMITED

GET  
AYURVEDIC REMEDY  
FOR YOUR  
DISEASES  
WITH  
TRUSTED  
**KRS MULTIPRO  
PRODUCTS**

**NUTR**  
ACHARYA  
HEALTH & NUTRITION



# What is Ayurveda?

Ayurveda, which literally means the science of life (Ayur = Life, Veda = Science), ayurveda is an ancient medical science which was developed in India thousands of years ago.

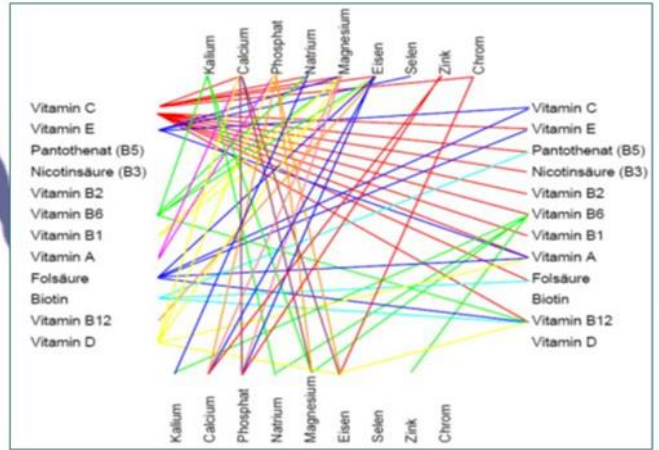
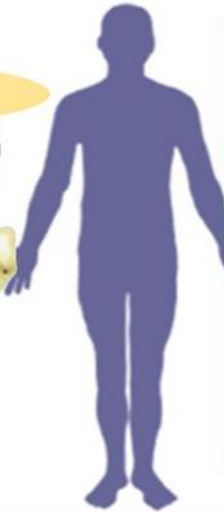
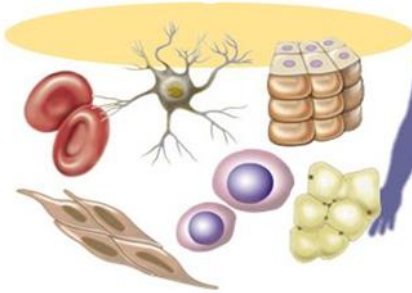


# Your Body

100 Trillion  
Different Cells

NEED

114 Nutrients -  
in Balance every day



What happens if your body don't get what it needs...



**Carbohydrates**



**Fats**



**Proteins**



**Vitamins**



**Minerals**



**Fibres**

Vitamins		Source	Disease
<b>Vitamin A</b>		Milk, carrot, dark leafy greens, fish, dried apricots, etc.	Night blindness, dryness of skin (Dermatitis)
<b>Vitamin (Thiamine)</b>	<b>B<sub>1</sub></b>	Cereals, pulses, peas	Beriberi
<b>Vitamin (Riboflavin)</b>	<b>B<sub>2</sub></b>	Liver, spinach, mushrooms, milk	Cracking of skin , reddish eye
<b>Vitamin (Pyridoxine)</b>	<b>B<sub>6</sub></b>	Fish, beef liver, vegetables	Anaemia ,dermatitis
<b>Niacin (Nicotinic acid)</b>		Peas, tomato, eggs	Pellagra and glossitis
<b>Folic Acid</b>		Green leafy vegetables, meat, egg, dried beans ,nuts	Megaloblast and in pregnant birth defects
<b>Pentothenic Acid</b>		meat, yeast , pork ,yogurt ,fish eggs	Premature graying of hair, burning feet syndrome
<b>Vitamin (Cyanocobalamin)</b>	<b>B<sub>12</sub></b>	Milk, liver, meat ,milk	Pernicious anaemia
<b>Vitamin (Ascorbic acid)</b>	<b>C</b>	Lemons, oranges, fresh fruits and vegetables	Scurvy, sore mouth and gums bleeding
<b>Vitamin (Calciferol)</b>	<b>D</b>	Dairy products, sun rays, eggs, oily fish, milk	Many diseases of the bones, rickets in children, osteomalacia
<b>Vitamin (Tocopherol)</b>	<b>E</b>	Milk , soyabeans, egg yolk , butter	Interferes with reproduction and causes abortion and menstrual irregularities
<b>Vitamin (phylloquinone)</b>	<b>K</b>	Fish, peas and green vegetables	Causes the delayed clotting of blood

<b>Mineral</b>	<b>Signs of Deficiency</b>	<b>Signs of Excess</b>
Calcium	Agalactia Depressed milk yield * Fractures * Hypocalcaemia Osteomalacia * Osteoporosis * Posterior paralysis in sows * Rickets	Changes in bone formation If zinc is low (parakeratosis) more than 1% may cause problems. Reduced strength of bone
Copper	Leg weakness Loose faeces if suddenly withdrawn	* Jaundice 200 - 600g/tonne Haemorrhage Death
Iodine	Enlarged thyroid glands Reproductive failure Weak hairless pigs at birth	Rare > 800mg/kg
Iron	* Anaemia * Increased respiration More prone to piglet diseases Poor growth, Pale skin	Death in piglets deficient in vitamin E Muscle degeneration > 5000 mg/kg
Magnesium	Infertility - Rare Poor growth, Weak joints	Loose faeces > 0.5% in diet.
Manganese	Infertility Rare Lameness Poor growth, Weak piglets	inappetence > 2000ppm
Phosphorus	Poor growth * Rickets See calcium also Soft bones	Changes in bone formation. Posterior paralysis in sows.
Potassium	Anorexia Rare Heart malfunction Incoordination, Poor growth	Loose faeces > 1.2% in diet.
Salt (Sodium chloride)	Low water intake Poor growth and feed efficiency Unthriftiness	* Common Any level if water is short Death > 2 - 8% if water short Fits Incoordination, Thirst
Selenium	* Mulberry heart disease Muscle changes Sudden mortality	Diarrhoea Feet deformity Lameness Respiratory distress Sudden death 5 - 10g/tonne
Water	* All systems affected Failure to thrive Predisposition to disease	Colic
Zinc	* Dry thick skin (parakeratosis) Poor appetite	Reduced feed intake > 3000g/tonne Up to 2500g/tonne in diet none.

# DIABETES



## HOW TO PREVENT



**WORKOUT DAILY**



**DRINK WATER ITS YOUR PRIMARY BEVERAGE**



**QUIT SMOKE & ALCOHOL IF CONSUMING**



**CUT SUGAR & REFINED CARBS FROM YOUR DIET**

## SUGGESTED PRODUCTS FOR DIABETES BY KRS MULTIPRO EXPERTS



**ULTIMATE GOODBYE DIABETES- POWDER**

**TAKE ½ TEASPOONFUL POWDER , MIX WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER**



**DIO CARE - TABLET**

**TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER**



**ACAIBERRY JUICE**

**ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST**

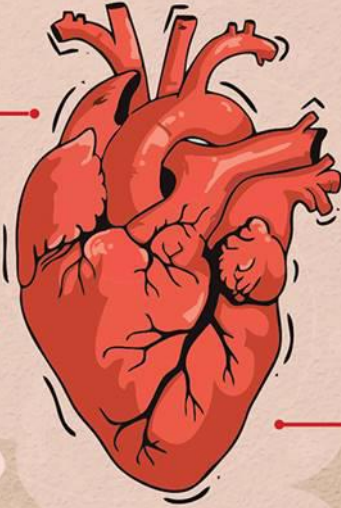
**SUGGESTIONS PLEASE DO 30-45 MINUTES PHYSICAL EXERCISES IN A DAY. TAKE WARM WATER BEFORE BRUSHING YOUR TEETH IN MORNING AND BEFORE SLEEP AT NIGHT**

# CHOLESTEROL & HIGH BP



LACK OF PHYSICAL ACTIVITIES

OBESITY



UNHEALTHY LIFESTYLE

UNHEALTHY EATING HABITS

## HOW TO PREVENT



REDUCE STRESS

TAKE HEALTHY DIET WITH LESS INTAKE OF SALT



VISIT YOUR DR. FOR ROUTINE CHECKUP

## SUGGESTED PRODUCTS FOR CHOLESTROL & BLOOD PRESSURE BY KRS MULTIPRO EXPERTS



V.P.36- TABLET

TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



FLAX OMEGA-SYRUP

TAKE 1-2 TEASPOONFUL SYRUP FOR 2-3 TIMES IN A DAY



PUNARNAVA SOFTGEL-CAPSULES

TAKE 1 CAPSULE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER

## SUGGESTIONS

PLEASE DO 30-45 MIN PHYSICAL EXERCISE. TAKE WARM WATER BEFORE BRUSH & BEFORE SLEEP.



# MENSTRUAL PROBLEMS FEMALE INFERTILITY & PCOD



**OVULATION  
PROBLEM**

**FREQUENT  
WHITE DISCHARGE.**

**DIABETES  
PROBLEM**

**OVER PRODUCTION  
OF TESTERONE.**



## HOW TO PREVENT

**MONITOR  
GENETIC REASONS**



**MAINTAIN AN  
APPROPRIATE WEIGHT**

**REGULAR EXERCISE  
AND MEDITATION**



## SUGGESTED PRODUCTS FOR MENSTRUAL PROBLEMS, FEMALE INFERTILITY & PCOS BY KRS MULTIPRO EXPERTS



**COMPLETE  
WOMEN-  
TABLET**

**TAKE 1 TABLET WITH  
LUKEWARM WATER &  
CONSUME BEFORE  
BREAKFAST & DINNER**



**EASY GOING-  
SANITARY PADS &  
PANTY LINER**

**USE PANTY LINERS IN NORMAL  
DAYS & SANITARY PADS DURING  
PERIODS REGULARLY**

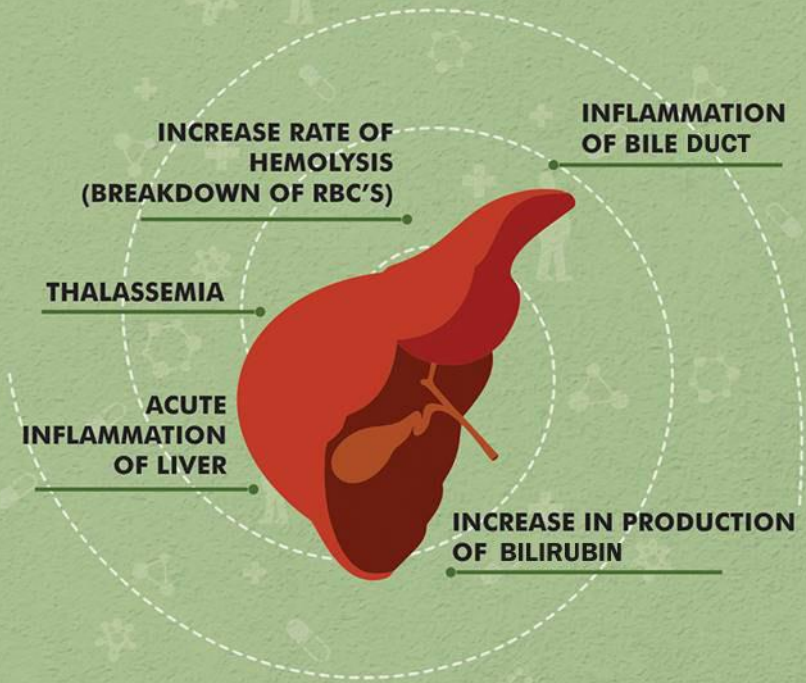


**WOMEN CARE-  
POWDER**

**TAKE ½ TEASPOONFUL POWDER  
MIX WITH LUKEWARM WATER &  
CONSUME BEFORE BREAKFAST  
& DINNER**

**SUGGESTIONS**  
TAKE BALANCE  
DIET.  
MAINTAIN  
YOUR WEIGHT  
& TAKE  
SUFFICIENT  
SLEEP & DO  
BREATHING  
EXERCISE DAILY.

# LIVER PSORIASIS & JAUNDICE



## HOW TO PREVENT



AVOID CONSUMPTION OF ALCOHOL & DRUGS



VACCINE AGAINST HEPATITIS A&B



AVOID CONSUMING CONTAMINATED FOOD & WATER



AVOID MEDICATION WHICH CAN DIRECTLY DAMAGE LIVER.

## SUGGESTED PRODUCTS FOR LIVER PROBLEMS & JAUNDICE BY KRS MULTIPRO EXPERTS



**LIVER CARE- TABLET**

TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



**LIVER TONIC**

TAKE 1 TEASPOONFUL TONIC & CONSUME BEFORE LUNCH & DINNER



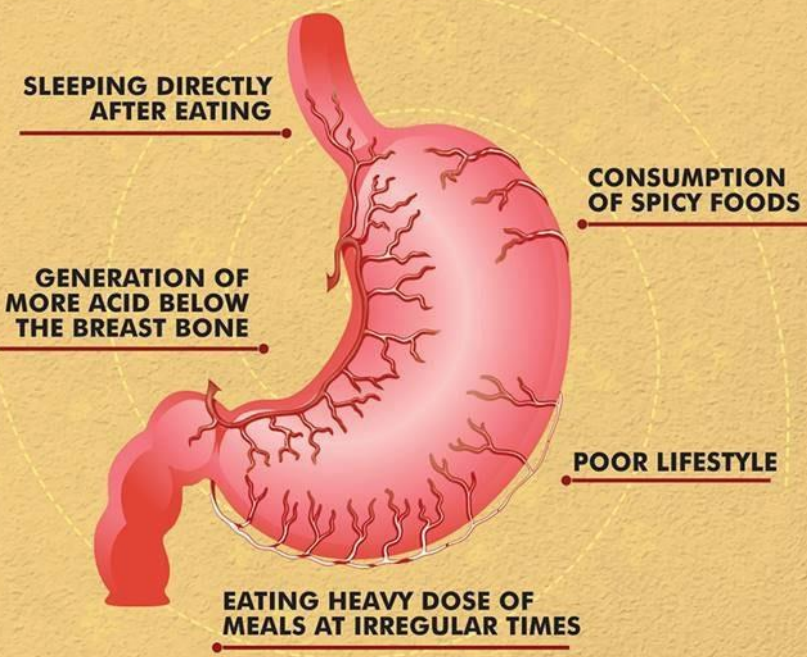
**ACAIBERRY JUICE**

ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST

## SUGGESTIONS

AVOID CONSUMPTION OF ALCOHOL  
STOP SMOKING  
DON'T TAKE CONTAMINATED WATER.  
INCREASE INTAKE OF WATER.

# PILES, FISSURES & FISTULA



## HOW TO PREVENT

-  **AVOID CARBONATED BEVERAGES.**
-  **AVOID SPICY FOODS**
-  **QUIT SMOKE & ALCOHOL**
-  **AVOID EATING UN-PREScribed MEDICINES**
-  **CHEW FOODS AS MUCH AS POSSIBLE**

## SUGGESTED PRODUCTS FOR PILES, FISSURES AND FISTULA BY KRS MULTIPRO EXPERTS



**PILES CARE-TABLET**

**TAKE 1-2 TABLET WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER**



**ALOEVERA JUICE**

**ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER**



**SEABUCKTHORN JUICE**

**ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER**

**SUGGESTIONS**  
 AVOID ACIDIC, SPICY & FRIED FOOD. EXERCISE FOR 45 MINUTES REGULARLY. TAKE EARLY FOOD AT NIGHT & GIVE 2 HOURS GAP BETWEEN FOOD AND SLEEP. MAINTAIN 80% ALKALINE FOOD AND 20% ACIDIC FOOD. DRINK 2-4 LITRES WATER.

# KIDNEY STONES & BURNING URINATION



NOT DRINKING ENOUGH WATER

TAKING DIET HIGH IN PROTEIN SODIUM & SUGAR

POLYCYSTIC KIDNEY DISEASES

HIGH LEVELS OF CYSTINE



## HOW TO PREVENT



CHANGE IN LIFESTYLE

DRINKING ENOUGH WATER EVERYDAY



LIMITING SODIUM & ANY PROTIEIN

INTAKE OF PRESCRIBED DIETS BY DOCTORS



## SUGGESTED PRODUCTS FOR KIDNEY STONE AND BURNING URINATION BY KRS MULTIPRO EXPERTS



**KIDNEY CARE-TABLET**

TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



**PUNARNAVA SOFTGEL-CAPSULES**

TAKE 1 CAPSULE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER

### SUGGESTIONS

PLEASE DON'T EAT MILK PRODUCTS LIKE PANEER, CHEESE, PALAK, TOMATO & RICH FOOD WHICH HAS HIGH CALCIUM & IRON.

# FOR OSTEOARTHRITIS RHEUMATOID, ARTHRITIS, GOUT



## HOW TO PREVENT



**AVOID SWEET & DAIRY PRODUCTS FROM YOUR DIET.**



**CONTROL BLOOD SUGAR.**



**PREVENT FROM INJURIES.**



**DO NOT GAIN EXTRA WEIGHT.**



**BE ACTIVE EVERYDAY.**

## SUGGESTED PRODUCTS FOR OSTEOARTHRITIS, RHEUMATOID ARTHRITIS, GOUT & JOINT PAIN BY KRS MULTIPRO EXPERTS



**PRO JOINT TABLET**

**TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME BEFORE LUNCH & DINNER**



**CALCIUM TABLET**

**TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME AFTER LUNCH & DINNER**



**PAIN OIL**

**APPLY GENTLY ON AFFECTED AREA AT BED TIME**



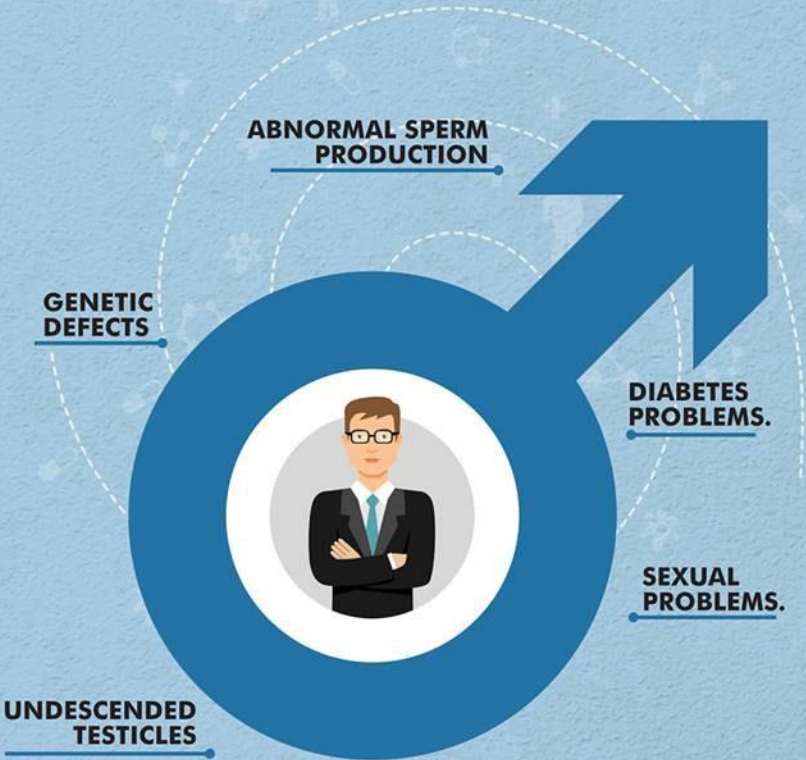
**SHALLAKI JUICE**

**ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME AFTER FOOD TWICE A DAY**

### SUGGESTION

USE GOOD QUALITY OF EDIBLE OIL AND PRACTICE REVERSE WALKING. TAKE REGULAR INTAKE OF MILK WITH TURMERIC POWDER WHILE SLEEPING AT NIGHT.

# MALE INFERTILITY



## HOW TO PREVENT

- 

**AVOID CONSUMPTION OF ALCOHOL & TOBACCO**
- 

**MAINTAIN AN APPROPRIATE WEIGHT**
- 

**PROPER PRESCRIBED MEDICINES**
- 

**REGULAR EXERCISE AND MEDITATION**
- 

**AVOID RADIATIONS & UV RAYS**

## SUGGESTED PRODUCTS FOR MALE FERTILITY BY KRS MULTIPRO EXPERTS



**REGAIN POWER-POWDER**

TAKE ½ TEASPOONFUL POWDER MIX WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



**INSTA POWER-TABLET**

TAKE 1 TABLET WITH LUKEWARM WATER OR MILK AFTER DINNER

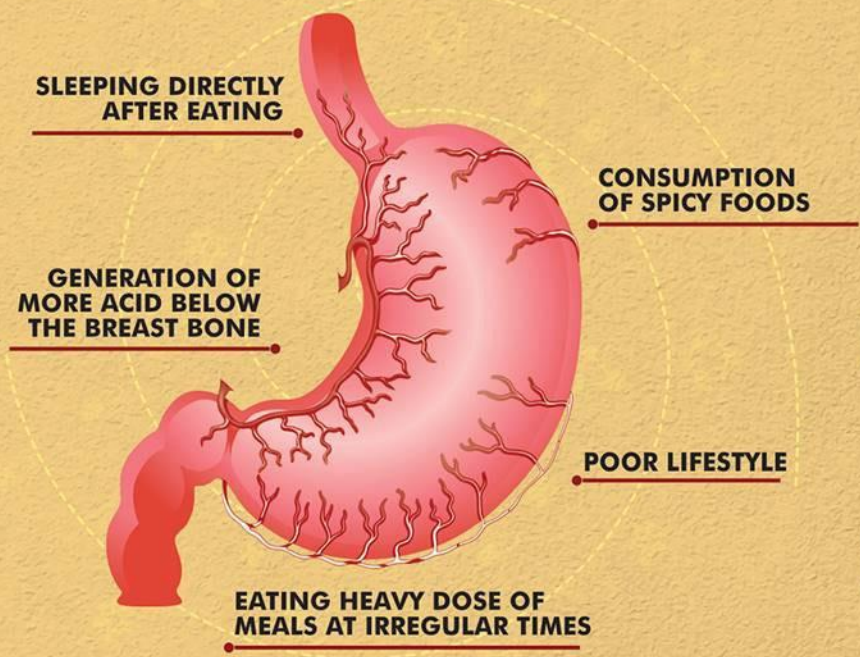


**174 PLUS JUICE**

ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER

**SUGGESTIONS**  
 TAKE BALANCE DIET. MAINTAIN YOUR WEIGHT & TAKE SUFFICIENT SLEEP & DO BREATHING EXERCISE DAILY.

# ACIDITY & CONSTIPATION



## HOW TO PREVENT

-  **AVOID CARBONATED BEVERAGES.**
-  **AVOID SPICY FOODS**
-  **QUIT SMOKE & ALCOHOL**
-  **AVOID EATING UN-PREScribed MEDICINES**
-  **CHEW FOODS AS MUCH AS POSSIBLE**

## SUGGESTED PRODUCTS FOR ACIDITY & CONSTIPATION BY KRS MULTIPRO EXPERTS



**KZYME SYRUP**

**TAKE 1 TEASPOONFUL TONIC & CONSUME BEFORE LUNCH & DINNER**



**VED RAS**

**ADD 1-2 DROPS WITH LUKEWARM WATER & CONSUME 2-3 TIMES IN A DAY**

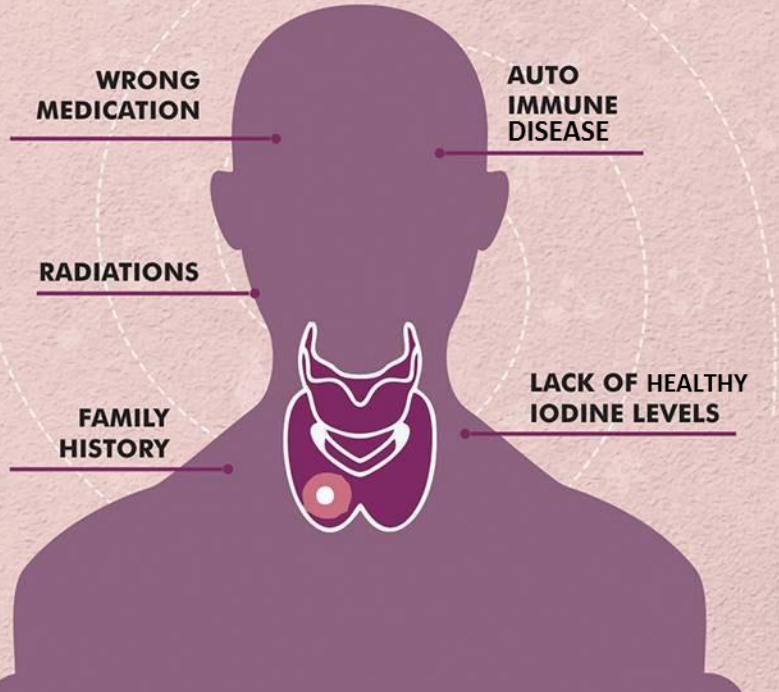


**RED ALOEVERA JUICE**

**ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER**

**SUGGESTIONS**  
 AVOID ACIDIC, SPICY & FRIED FOOD. DO THE REGULAR EXERCISE FOR 45 MINUTES. TAKE EARLY FOOD AT NIGHT & GIVE 2 HOURS BETWEEN FOOD AND SLEEP. MAINTAIN 80% ALKALINE FOOD & 20% ACIDIC FOOD.

# THYROID



## HOW TO PREVENT

-  **INTAKE PRESCRIBED MEDICINE DAILY.**
-  **REGULAR CHECKUPS.**
-  **MAINTAIN HEALTHY IODINE LEVEL.**
-  **PREVENT YOURSELF FROM TOXIC EXPOSURES.**
-  **EXERCISE DAILY.**

## SUGGESTED PRODUCTS FOR THYROID BY KRS MULTIPRO EXPERTS



**THYRO CARE-TABLET**

TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



**TULSI DROP**

ADD 1-2 DROPS WITH LUKEWARM WATER & CONSUME 4-5 TIMES IN A DAY



**ACAIBERRY JUICE**

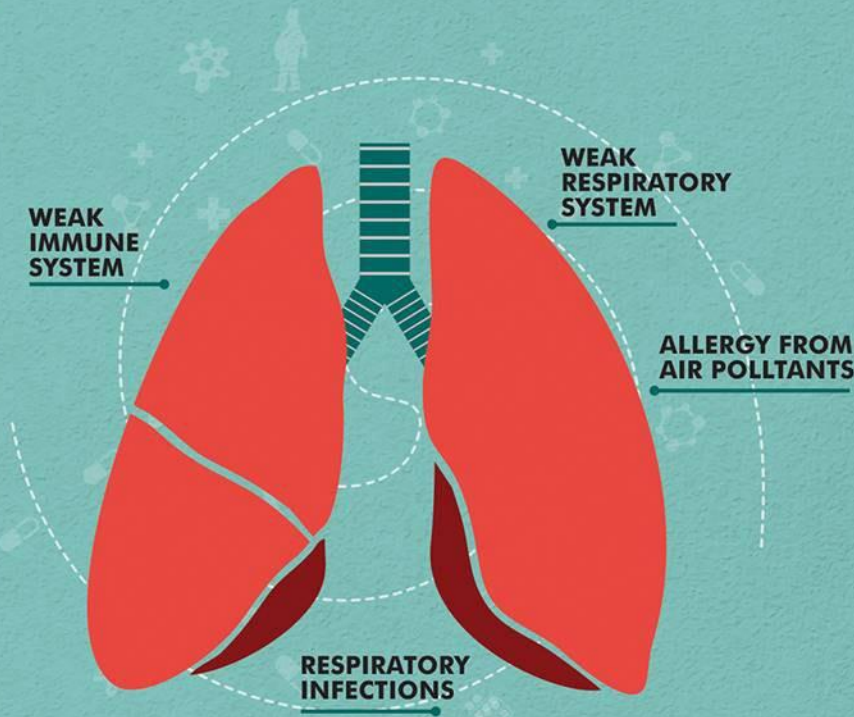
ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER

### SUGGESTIONS

PLEASE DON'T SMOKE AVOID JUNK FOOD. REGULAR 45 MINUTES EXERCISE IN FRESH AIR. BREATHING EXERCISE FOR 15 MINUTES.



# ASTHAMA



## HOW TO PREVENT

-  PROTECTION FROM COLD WEATHER
-  AVOID USING AC'S
-  INTAKE OF WARM LIQUIDS
-  CONTROL ON BREATHING THROUGH YOGA

## SUGGESTED PRODUCTS FOR ASTHAMA , COPD & ALL RESPIRATORY DISEASES BY KRS MULTIPRO EXPERTS



**CORDYCEPS CAPSULES**

TAKE 1 CAPSULE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST



**RESPO CARE TABLET**

TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME AFTER BREAKFAST & DINNER

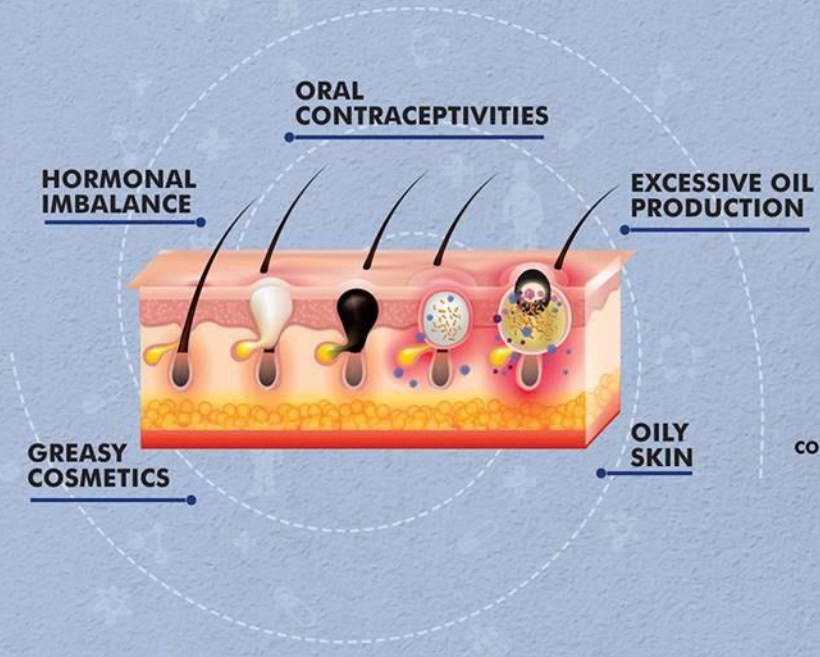


**VED RAS**

ADD 1-2 DROPS VED RAS WITH LUKEWARM WATER & CONSUME 3-4 TIMES IN A DAY

**SUGGESTIONS**  
PLEASE DON'T SMOKE AVOID JUNK FOOD. REGULAR 45 MINUTES EXERCISE IN FRESH AIR. BREATHING EXERCISE FOR 15 MINUTES.

# ACNE



## HOW TO PREVENT

-  PROPERLY WASH YOUR FACE WITH FACE WASH
-  USE OVER THE COUNTER TREATMENTS
-  STAY HYDRATED
-  LIMITS SUN EXPOSURE
-  AVOID FAST & JUNK FOODS

## SUGGESTED PRODUCTS FOR ACNE & SKIN DISEASES BY KRS MULTIPRO EXPERTS



**MORINGA-CAPSULE**

TAKE 1 CAPSULE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



**KUMKUMADI NIGHT FACIAL OIL**

APPLY 1-2 DROPS OF OIL ON FACE AT NIGHT TIME AND WASH IN MORNING



**TULSI DROP**

ADD 1-2 DROPS WITH LUKEWARM WATER & CONSUME 4-5 TIMES IN A DAY



**RED ALOE VERA JUICE**

ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER

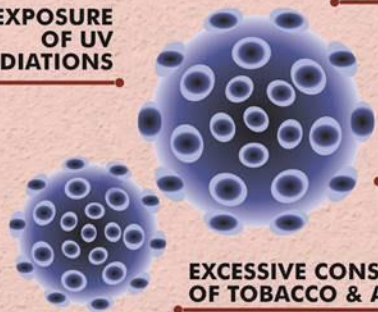
## SUGGESTIONS

TAKE WARM WATER IN MORNING. AVOID SPICY & OILY FOODS. DO REGULAR EXERCISE ESPECIALLY BREATHING EXERCISE



# CANCER/HIV

**EXPOSURE OF UV RADIATIONS**

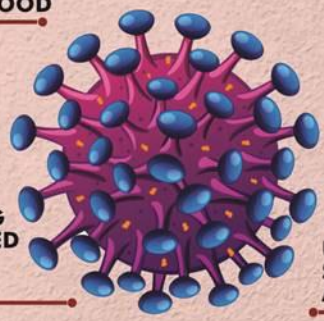


**INHERITED GENETIC DEFECTS & SKIN TYPE.**

**LIFESTYLE RELATED FACTORS**

**EXCESSIVE CONSUMPTION OF TOBACCO & ALCOHOL**

**CONTACT WITH INFECTED BLOOD**



**BY SHARING HIV INFECTED DRUG NEEDLES**

**UNPROTECTED SEXUAL ACTIVITIES**

## HOW TO PREVENT

### CANCER



**NO USE OF TOBACCO & ALCOHOL**



**AVOID EATING PROCESSED FOODS**



**PROTECT FROM DIRECT EXPOSURE OF UV RAYS**

## HOW TO PREVENT

### HIV



**LIMIT YOUR NO. OF SEXUAL PARTNERS**



**GET TESTED AND TREATED OF STD'S**



**CHOOSE LESS RISKY SEXUAL BEHAVIOURS**

## SUGGESTED PRODUCTS FOR CANCER/HIV / FIBROIDS/CYST BY KRS MULTIPRO EXPERTS



**CURCUMIN GOLD-SYRUP**

**ADD 5 ML SYRUP WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER**



**BREAST CARE TABLET**

**TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME AFTER BREAKFAST & DINNER**



**FIBRO CARE TABLET**

**TAKE 1 TABLET WITH LUKEWARM WATER & CONSUME AFTER BREAKFAST & DINNER**



**SEABUCKTHORN JUICE**

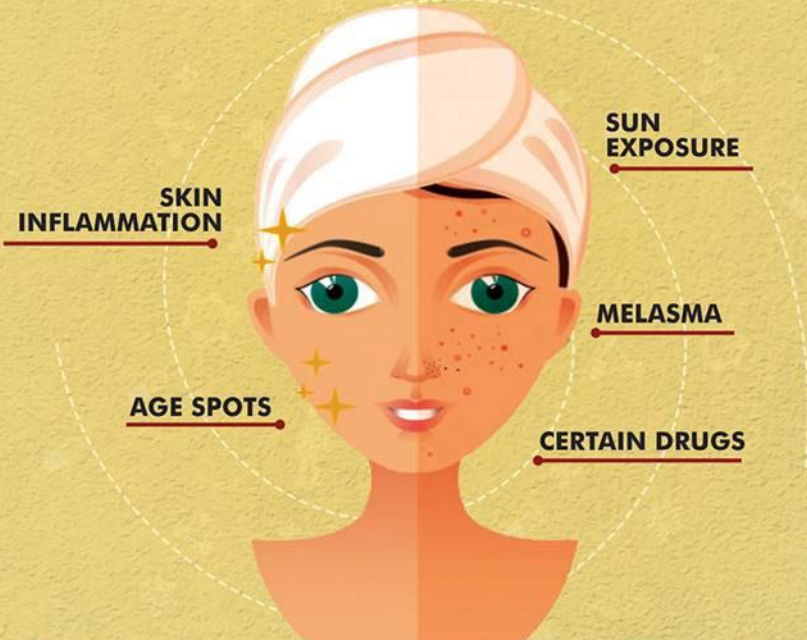
**ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER**

### SUGGESTION

**TAKE 1 ANTIOXIDANT DAILY or DO REGULAR EXERCISE FOR 45 MIN TO 1 HOUR**



# PIGMENTATION, MELASMA & WRINKLES



## HOW TO PREVENT



USE OF SUNSCREEN

PROTECT YOUR SKIN FROM DIRECT SUNRAYS



USE MILD EXFOLIATING CLEANSER



USE GOOD MOISTURISER



AMPLE INTAKE OF WATER

## SUGGESTED PRODUCTS FOR PIGMENTATION, MELASMA & WRINKLES KRS MULTIPRO EXPERTS



**MORINGA-CAPSULE**

TAKE 1 CAPSULE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



**KUMKUMADI NIGHT FACIAL OIL**

APPLY 1-2 DROPS OF OIL ON FACE AT NIGHT TIME AND WASH IN MORNING



**TULSI DROP**

ADD 1-2 DROPS WITH LUKEWARM WATER & CONSUME 4-5 TIMES IN A DAY



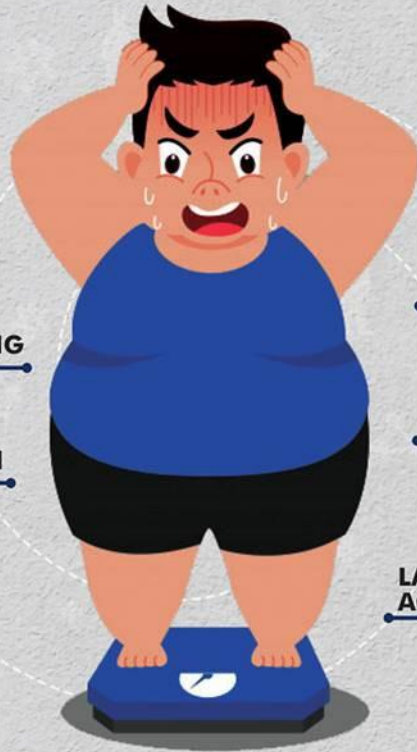
**SEABUCKTHORN JUICE**

ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER

## SUGGESTIONS

TAKE WARM WATER IN MORNING. AVOID SPICY & OILY FOODS. DO REGULAR EXERCISE ESPECIALLY BREATHING EXERCISE

# WAY OF WEIGHT LOSS



**OVEREATING**

**DEPRESSION**

**UNHEALTHY LIFESTYLE**

**IMPROPER EATING HABITS**

**LACK OF PHYSICAL ACTIVITIES**

## HOW TO PREVENT



**GET ENOUGH PROTEIN**

**CUT BACK ON PROCESSED FOODS**



**DRINK MORE WATER**

**CUT BACK ON CARBOHYDRATES**



**REGULAR EXERCISE**

## SUGGESTED PRODUCTS FOR WEIGHT LOSS BY KRS MULTIPRO EXPERTS



**SUPER GREENS-POWDER**

TAKE ½ TEASPOONFUL POWDER, MIX WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



**TULSI DROP**

ADD 1-2 DROPS WITH LUKEWARM WATER & CONSUME 4-5 TIMES IN A DAY



**FLAX OMEGA-SYRUP**

TAKE 1-2 TEASPOONFUL SYRUP FOR 2-3 TIMES IN A DAY



**RED ALOE VERA JUICE**

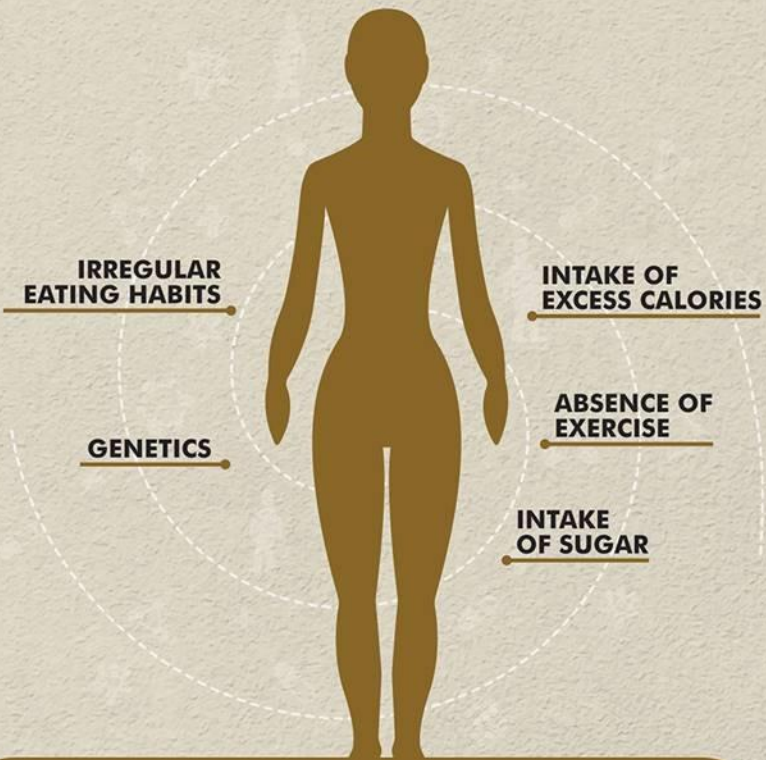
ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER

## SUGGESTIONS

TAKE WARM WATER IN MORNING & IN NIGHT. DAILY EXERCISE FOR 1 HOUR & AVOID ALCOHOL. DO EXERCISE ESPECIALLY BREATHING EXERCISE



# WAY OF WEIGHT GAIN



## HOW TO PREVENT



**STOP EATING UNHEALTHY FOODS**



**REGULAR EXERCISE**



**CUT SALT, SUGAR, FAT AND CARBS FROM DIET**



**SELF MONITORING OF WEIGHT**



**INTAKE BALANCE DIET**

## SUGGESTED PRODUCTS FOR WEIGHT GAIN BY KRS MULTIPRO EXPERTS



**KZYME SYRUP**

TAKE 1 TEASPOONFUL TONIC & CONSUME 2-3 TIMES IN A DAY



**KRS PURE DESI GHEE**

ADD KRS DESI GHEE IN YOUR REGULAR DIET. IT GIVES GOOD TASTE AND BEST NUTRITION.



**174 PLUS JUICE**

ADD 15-30 ML JUICE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER

**SUGGESTIONS**  
EXERCISE DAILY FOR 1 HOUR.  
EAT MORE PROTEIN FOODS.  
MAINTAIN PROPER MEAL TIMES.

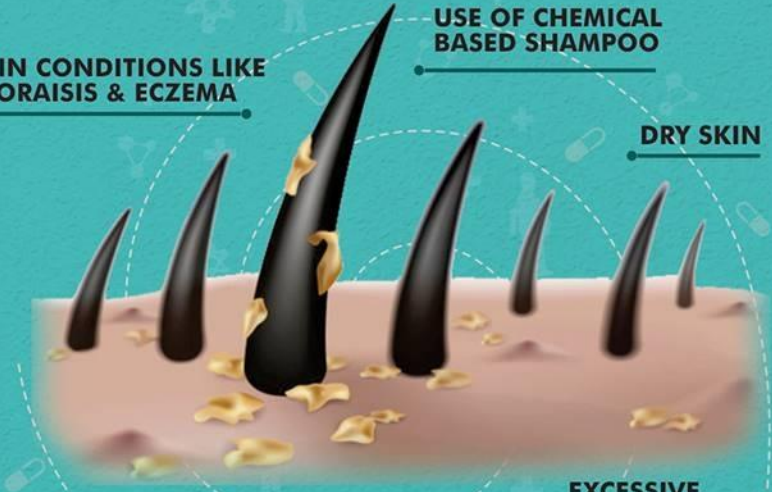
# DANDRUFF



SKIN CONDITIONS LIKE PSORIASIS & ECZEMA

USE OF CHEMICAL BASED SHAMPOO

DRY SKIN



MEDICAL CONDITIONS

EXCESSIVE HORMONE PRODUCTION

## HOW TO PREVENT



SCRATCHING SCALPS



BRUSH YOUR HAIR REGULARLY



WASH HAIR REGULARLY



AVOID CHEMICAL BASED SHAMPOOS



AVOID COLORING

## SUGGESTED PRODUCTS FOR DANDRUFF BY KRS MULTIPRO EXPERTS



MORINGA-CAPSULE

TAKE 1 CAPSULE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



TULSI DROP

ADD 1 -2 DROPS WITH LUKEWARM WATER & CONSUME 4-5 TIMES IN A DAY



SPIRULINA-CAPSULE

TAKE 1 CAPSULE WITH LUKEWARM WATER & CONSUME BEFORE BREAKFAST & DINNER



MAHABHRINGRAJ & ALMOND HAIR OIL

TAKE 2 TO 3 ML OIL AND MASSAGE GENTLY WITH FINGER TIPS.



ONION, HERBAL & TOTAL CARE SHAMPOO

APPLY 2 TO 3ML SHAMPOO ON WET HAIR & LATHER. KEEP IT FOR 1 TO 2 MINUTES & RINSE , REPEAT IF REQUIRED.

## SUGGESTIONS

MASSAGE WITH BHRINGRAJ HAIR OIL AT NIGHT AND WASH WITH SANDAL & HONEY SHAMPOO IN MORNING.

Thank you



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